



MADTOWN JUNIORS

WITH
LOVE

Madtown Juniors Volleyball Club is the next step forward for youth volleyball and beyond in the Madison area. Offering elite level training, whole athlete development, strength training, recruiting, and so much more. We know volleyball. We have seen and experienced firsthand how sports can change lives and build leaders. We are committed to broadening access to volleyball and building a lifelong community.

MEET OUR FULL TIME ADMIN



Amy Angelos
Club Director

Amy is a former NCAA Division I player and coach. She played at Bradley University, then went on to coach at the University of Michigan and Northern Illinois University where she served as the recruiting coordinator. She has also been the director of operations at Purdue University.



Mackenzie Long
Technical Director & Director of Operations

Mackenzie is the current volunteer assistant for the Wisconsin Badgers and a former NCAA Division 1 player at St. Louis University



Cathy Sheffield
Youth Director

Cathy is a former NCAA Division I player and coach. She played at Villanova University and Virginia University. Cathy is also a long standing member of the Madison volleyball community!



Jamie Morrison
National Technical Director

Former coach of the US and Dutch National Volleyball Teams, Jamie contributes his tremendous experience in coaching elite volleyball players and coaches both on the court and off the court.

OUR FACILITY



Madtown Junior's state-of-the-art gym is the first dedicated volleyball training facility in the Madison area.

This 20,000 sqft training facility features 4 courts, a 3,000 sqft performance training center which features Sparta Science technology and more!

Strength training for our athletes will be held in a new weight room utilizing Sparta Science to advance our game!

Located at:
2840 Innovation Way, Suite 104

RECRUITING

We are offering a national recruiting director along with our club director, Amy Angelos, to assist our athletes in finding the best fit for them.



Lauren Hansen
Recruiting Director

Lauren is responsible for maintaining current information on what college coaches are looking for in each class as well as assisting our recruiting coordinator, matching Madtown Juniors athletes to college programs.

Utilizing HUDL's comprehensive platform, athletes will have access to video and highlight tapes to showcase their talents and further their recruiting reach.

WAT WITH LOVE

Whole Athlete Training (WAT) is a holistic approach to optimal performance and to help improve the mental game, nutrition, and recovery.

Coaches will be presented with a new WAT theme each month, which they will then share with their team through various exercises and activities.

INFO MEETING | SUNDAY, JULY 25

Join us at our virtual information meeting on Sunday, July 25, through our Facebook Page [Facebook.com/madtownjuniors](https://www.facebook.com/madtownjuniors)

For more information please contact:

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